# Junior Huskies Fall 2023 Programming

## U16 Age Group (2008 / 2009, Select 2010)

### Cost: \$300

#### <u>On Field Training Sessions – Fall Phase</u> 10 sessions in Total

#### August 26<sup>th</sup> or September 2<sup>nd</sup> – October 15th

- Saturday's 9:00 am 10:30 am (Field 7&8 University Grass Field)
- Sundays 9:00 am 10:30 am (Field 7&8 University Grass Field)

August: \***26, \*27** September: 2, \***4**, 9, 10, 16, 17, \***23**, 30 October: 1, 14, 15

\*some of these dates will be cancelled

#### Note:

- New Registrants to the program must purchase Training Kit (Socks, Shorts, Shirt)
- In case of Inclement Weather, we will be doing Tactical Classroom Sessions
- On weekends, we may move training back to 10:30 am
- We have a few exciting Initiatives planned for this phase leading into the winter phase
  - o Pregame Huskie Team Room Visits
  - Ball fetchers for Huskie Games, where we will be selecting players on a weekly basis and will be communicated through TeamLinkt at the start of the Training Phase
  - In the upcoming Winter Phase, some 11 v 11 games being offered between November until March and we will be using the Fall phase as a lead in. Winter Phase will be running from November to March.